



Return-It Express Recycling Drive

Balance and Dizziness Canada helps thousands of British Columbians affected by balance and dizziness disorders by providing up-to-date, evidence-based information tailored to Canadian needs.

Will you join our other supporters who are contributing empty bottles, cans and juice boxes to fund this important work?

We have made it incredibly easy to donate refundable beverage container deposits directly to Balance and Dizziness Canada.

With over 50 convenient locations across British Columbia, **Return-It Express** will accept your recyclables – no lineups, counting or sorting required – and pay Balance and Dizziness Canada the full value of each container deposit.

Simply enter our telephone number **604-878-8383** on the self-service kiosk at your nearest **Return-It Express** depot (www.return-it.ca/locations) and print up to six labels, which do not expire. Affix a label to your bag of refundable beverage containers, drop the bag at the depot, and go!

Return-It Express Tips

- Do:* Take our phone number (below) or save **604-878-8383** in your cell phone contacts, as it is the account number needed for credits to be deposited.
- Do:* Use clear or transparent bags so contents are visible.
- Do:* Please ask friends and neighbours to donate their recyclables, too!
- Don't:* Crush beverage containers or remove labels, as barcodes must be intact.

About Balance and Dizziness Canada

We are the only organization in Canada that is wholly dedicated to supporting, educating and inspiring those affected by balance and dizziness disorders.

www.balanceanddizziness.org

Charitable registration: #883457327RR

